



The SARATOGA HOUSING Newsletter



The mission of the Saratoga Springs Housing Authority is to assist low-income families with safe, decent and affordable housing as they strive to achieve social and economic opportunities, and to improve their quality of life. The Housing Authority is committed to operating in an efficient economical and ethical manner.

July Newsletter 2015

Volume 15 Issue 7



EQUAL HOUSING OPPORTUNITY
The Saratoga Springs Housing Authority does not discriminate on the basis of age, race, color, gender, religion, handicap, sexual orientation, familial status, or national origin in employment of the provision of service.

Housing Authority Board of Commissioners

Joanne Foresta- Chairman
Eric Weller, Co- Chairman
Ann Bullock
Susan Christopher, Resident
Joy King
Lucile Lucas
Olivine Wescott, Resident

Board Meetings

The Board meets each third Thursday of the month, 2:30 pm @ Stonequist.

Saratoga Springs Housing Authority: 518-584-6600

Our Staff

Ext. 22 Paul Feldman, Executive Director
Ext. 17 Cindy, Director of Finance
Ext. 11 Katie, Tenant Relations
Ext. 13 Jill, Tenant Relations
Ext. 10 Kathy, Executive Secretary
Ext. 19 Nina, Housing Assistant
Ext 12 Gerard, Facilities Manager
Timothy, Maintenance Staff
Thomas, Maintenance Staff
Larry, Maintenance Staff
Donald, Maintenance Staff

**EMERGENCY MAINTENANCE
PHONE NUMBER FOR PUBLIC
HOUSING RESIDENTS
(AFTER HOURS)
857-1051**

Notice

Articles published in the Saratoga Housing Newsletter do not necessarily represent an endorsement by the Saratoga Springs Housing Authority Board of Commissioners.



"The importance of residents' involvement in creating the best possible living environment for everyone who lives at the Saratoga Springs Housing Authority properties is profound. The best way to create this environment is to join and/or attend your resident association meetings so that you can have your voice and opinion heard. There is even a process for you to become a leader in the organization, if you so desire. I also hold a monthly resident meeting the Tuesday before our board meeting (which is the third Thursday of the month). During this meeting, I discuss many topics of interest to residents from property and maintenance related matters, capital improvements and other projects, operational issues, safety and security related matters and other issues brought up by residents. These meetings are another opportunity to have your voice and concerns heard directly by me, as well. Working together we will be able to create an environment within the housing authority where everyone's opinion, will be heard and provide a community that is safe and peaceful for all. So please get involved, and do your part to make this vision happen".

*-Paul Feldman
Executive Director*

Monthly Calendar

- Friday, July 3, 2015 -the Office is CLOSED for Fourth of July Holiday
- Friday, July 3, 2015- the 3rd class "Grow your own Vegetables" with Cornell Cooperative Extension.
- Monday, July 6,2015- the EOC Summer Lunch Program starts
- Friday, July 10,2015- the 4th class "Grow your own Vegetables" with Cornell Cooperative Extension
- Monday, July 13, 2015- Stonequist RAB meeting 7:00pm
- Tuesday, July 14, 2015 - Residents meeting 10:00am
- Wednesday, July 15, 2015- Terrace RAB Meeting with Peter Berrios
- Thursday, July 16, 2015 - Board meeting 2:30 pm
- Friday, July 17, 2015- the Annual Beautification Contest will be held
- Monday, July 27, 2015- Friday, July 31, 2015 REAC inspection will be conducted.

*For more information, including locations, and time of these events please see the inside pages of this newsletter for details.



Jefferson and Vanderbilt Terrace News

Lawn Mowing at the Terrace



Please take note that during the summer and fall seasons maintenance will be grooming the lawn periodically. If you have any belongings including but not limited to bicycles, cooking grills, lawn furniture, and children's toys, you are responsible for keeping them organized.

All belongings that are not in use should be stored tight on the rear your apartment building, including dog tie outs. If there are any articles that are found elsewhere, they will be considered rubbish and will be disposed of. The Housing Authority will not be held responsible for any items that are deemed to be rubbish and are discarded.

Jefferson and Vanderbilt Terrace RAB Meeting

July 15th (Wed) 6:30-7:30pm a RAB MEETING WILL BE HELD WITH PETER BERRIO'S. Please see Peter for additional information. LOCATION: Recreation Center, Vanderbilt Avenue

Jefferson Terrace Siding Replacement Project is underway.

Work will begin on the siding replacement project at Jefferson Terrace starting July 6, 2015. A.J. Arpey of Ballston Spa was awarded the contract. During this time the crew will be using plastic around the building to catch any debris that may fall off the building.

If you have any questions on this project please contact the Executive Director, in the main office.



EOC Summer Youth Lunch Program is back: This program provides a nutritious lunchtime meal to children during the summer months when there is no school. In collaboration with the Saratoga Springs Housing Authority, lunches are disbursed at the Jefferson/Vanderbilt Terrace Monday-Friday, between July 6th and September 4th. EOC also collaborates with Cornell Cooperative Extension to provide nutrition education during the lunchtime meal.

Annual Beautification Contest

The Housing Authority's beautification contest judging is scheduled for July 17, 2015. The area around your apartment will be judged on how well it is kept up. There will be a small picnic in the yard next to the maintenance shop, to follow with food and refreshments at 1 pm to hand out the prizes.

Items that will be considered in the judging:

planting flowers, trimming shrubs, raking the lawn, cleaning the exterior areas around your doors and windows. Gift certificates from Price Chopper will be presented to the top three winners, and three honorable mentions.

Residents who would like to borrow rakes, shovels, or any other equipment can call the main office to sign out the equipment they need.

PRIZES: Gift Certificates from Price Chopper

1st Place: \$100
2nd Place: \$75
3rd Place: \$50

and
3 honorable mentions will be awarded for \$25 each.

REAC INSPECTIONS



Inspections are beginning the week of July 27, 2015. HUD has appointed a REAC inspector to inspect apartments at Jefferson and Vanderbilt Terraces.

The inspections will run until the 31st of July. All units to be inspected are chosen randomly from a computer. The Authority, along with the inspector, will be entering the selected apartments to do the inspections, and you must allow access to your apartment. All areas of your unit will be inspected. From now until then, maintenance will be continuously working on all of the units to have them ready for the inspector.

Stonequist News

Stonequist RAB Meeting

July 13th (Mon) 7:00pm a RAB meeting will be held. All are welcome to attend.
LOCATION: Stonequist Community Room

Reminder:



Residents should not leave any belongings unattended in any of the community space.

This includes but is not limited to the community room, elevators, laundry rooms, and the vestibule.

If anyone's belongings are left unattended, the Housing Authority will NOT be responsible, for any lost, stolen, or damaged items.



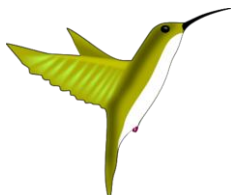
The bathrooms in the Stonequist lobby are for people conducting business at Stonequist or visitors attending planned functions in the community room.

The lobby bathrooms are open during normal business hours of the Saratoga Springs Housing Authority and for planned functions during non-business hours. The bathrooms will be locked at all other times. Residents and their guests should be utilizing their own bathrooms during non-business hours.

Going Up?



Work will begin over the next couple of weeks to replace the elevator doors and the mechanical parts associated with them. As most of you know, the elevator is over 40 years old and nearing the end of its useful life. Replacing the doors will eliminate the problems that have recently been reported. The rest of the elevator components will also be replaced in the near future.



The Cornell Cooperative Extension recently sent a couple of their Master Gardeners over to help design the new fountain garden. Several species of perennial flowers were identified and planted on Wednesday, June 24th. The fountain area will now be full of beautiful flowers which will bloom all summer long and attract butterflies and hummingbirds to enhance the peaceful surroundings of the sitting area. We hope everyone will enjoy.

Community Events

Family Day at the Saratoga Springs History Museum



When: Sat, Jul 4, 2015 | 11:00 AM to 3:00 PM

Where: Behind the Canfield Casino, Saratoga Springs History Museum, E Congress St

Cost: FREE ADMISSION

The Saratoga Springs History Museum is holding their annual, free Family Fun Day in Congress Park on Friday, July 4th from 11:00 to 3:00 p.m. This free event will offer families the chance to visit with historical reenactors, participate in historic games and free balloons and more. The History Museum, located in the historic Canfield Casino, is also open to visit and take a trip back into early Saratoga Springs. This special event is sponsored by Alfred Z. Solomon Charitable Trust and is part of the Saratoga Springs All-American Celebration Weekend official schedule.

For More Information Call: 518-584-6920

4th of July in Saratoga



Celebrate the 4th of July in downtown Saratoga at the [8th Annual All-American Celebration](#) taking place from July 3rd through July 5th! There will be a variety of fun events taking place all throughout the weekend that you won't want to miss out on!

Farmers Market Coupons



This event is on 07/13/15 at 12:00pm

The Saratoga County Office for the Aging will be at the Saratoga Springs Senior Center on Monday, July 13th from 12-1 to distribute Farmers Market Coupons. These coupons can be redeemed at the Farmers Market to purchase fresh foods. Free & open to the public!

Brooks BBQ Fundraiser



This event is on 07/21/15 at 3:30pm

This is a fundraiser to benefit The Saratoga Senior Center and St. Peter's Youth Ministry. The famous Brooks BBQ will be cooking on site and offering two dinner choices. Dinners include: Baked potato, cole slaw and roll.

- \$10: 1/2 Chicken Dinner
- \$12: Pork Rib Dinner

PRE-SALE TICKETS AVAILABLE: SARATOGA SENIOR CENTER (5 WILLIAMS STREET)

Only a limited quantity of dinners will be available for purchase that day. This is a rain or shine event! Guests may eat in or take out. Dinners must be claimed by 6 pm. Bulk orders can be placed for businesses, fire/police stations and medical offices. Call 584-1621. Delivery ONLY available for bulk orders. Come on in and enjoy a delicious meal while helping these wonderful non-profit facilities!

Tips and Tricks

The Most Deadly Animals: Mosquitoes

The most deadly animal in the world is the [mosquito](#). It might seem impossible that something so miniscule can kill so many people, but it's true. Mosquito bites result in the deaths of more than 1 million people every year [source: [WHO](#)]. The majority of these deaths are due to [malaria](#). The [World Health Organization](#) estimates that between 300 and 500 million cases of malaria occur each year -- and a child dies from malaria every 30 seconds [source: [WHO](#)].

It's not the mosquito itself that kills, but rather a parasite the mosquito carries. Not all mosquitoes carry the malaria parasite -- only females of the Anopheles genus. You'll find the Anopheles all over the world, with the exception of Antarctica. The mosquito transmits malaria after biting an infected person and then passes along the parasite to the next person it nibbles on. Malaria is a blood-transmitted disease, which means you can't contract it from casual contact with another person. Because it's transmitted through the blood, you can contract it from a contaminated transfusion or needle. But mosquitoes are primarily to blame for the spread of malaria infection.

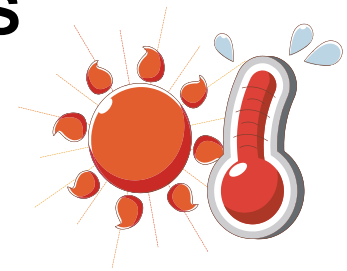
The United States no longer considers malaria a public health issue. The disease virtually disappeared in the 1950s when the National Malaria Eradication Program implemented a DDT (a synthetic pesticide) program to control the mosquito population [source: [CDC](#)]. However, this program saw limited success in the rest of the world. Nations with a temperate climate and seasonal mosquito issues were able to eradicate malaria. But in other countries, resistance to insecticides and drugs, cuts in funding and lack of participation made long-term eradication efforts impossible. The United States still reports a few hundred malaria cases per year. But most cases occur in travelers returning from a malaria-ridden country [source: [CDC](#)].

Affected countries now turn to malaria control rather than eradication. The Centers for Disease Control and Prevention refers to these activities as **vector control**. Vector control means decreasing contact between humans and disease carriers on an area-by-area basis. The aim is to cut down on the mosquito parasite population using insecticide treated nets that drape over people's beds, indoor spraying and larval (egg) control. Insecticide treated bed nets in particular can cut mortality rates by 20 percent [source: [CDC](#)].

In addition to malaria, mosquitoes carry the West Nile virus and dengue fever. West Nile is a disease the insects pick up from infected birds. It affects the nervous system and, like malaria, can be very serious in people with lowered immune systems. The virus became prevalent for the first time in the eastern United States around 1999 [source: [CDC](#)]. As with malaria, the best way to avoid West Nile is to protect yourself from mosquitoes. Mosquitoes also carry dengue fever, which causes a rash and extreme muscle and joint pain. It can be fatal if not treated properly.

SUMMER SAFETY TIPS

Summer is in full swing and so is the heat. Here are a few safety tips from the New York State Department of Health to keep in mind during hot weather.



- Use air conditioning to cool down or go to an air conditioned building.
- Drink plenty of fluids but avoid alcohol, caffeine, and sugary drinks.
- Beat the heat with cool showers and baths.
- Make sure you can open your windows and/or your air conditioning is working properly. If you don't have air conditioning, open windows and shades on the shady side and close them on the sunny side to keep your apartment cool.
- Take regular breaks from physical activity. Avoid strenuous activity during the hottest part of the day (between 11 AM and 4 PM).
- Wear loose lightweight, light-colored clothing to help keep cool.
- Find out where to cool down. Identify buildings where you can go (such as libraries, malls, supermarkets, or a friends' house). At Stonequist the Community Room is air conditioned.
- Choose someone that you can call for help or who can check on you.
- Talk to your doctor or pharmacist to learn more about medications that might make you sensitive to the sun or heat.
- Know the symptoms of heat related illness.

For more information on heat related illness and other ways of dealing with the heat you can check: www.nyhealth.gov or the NY State Department of health Center for Environmental Health, 1-800-458-1158